

WRITER'S UNBLOCKER LIST



| THINGS TO TRY | DID IT HELP? |
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| BUNNY HUNT - TAKE 10 MINUTES AND WRITE DOWN ALL THE PLOT-BUNNIES THAT MAY BE DISTRACTING YOU. | ☆☆☆☆ |
| DITCH IT - GET UP AND GO ON A 10-15 MINUTE WALK. NO THINKING, JUST WALK. | ☆☆☆☆ |
| FIELD TRIP - TRY WRITING SOMEWHERE ELSE. FIND A CAFE, BOOKSTORE, LIBRARY, OR ANYWHERE QUIET. | ☆☆☆☆ |
| REALTIME WRITING - GRAB YOUR LAPTOP OR JOURNAL. GO SOMEWHERE AND DESCRIBE WHAT'S HAPPENING. | ☆☆☆☆ |
| JUST DO IT - SET A TIMER FOR 5-10 MINUTES AND FORCE YOURSELF TO WRITE FOR JUST THAT TIME. | ☆☆☆☆ |
| TALK TO YOUR CHARACTERS - WHY ARE THEY QUIET? IS SOMETHING NOT WORKING? TAKE 5 AND THINK. | ☆☆☆☆ |
| PUZZLER - BRAIN BREAK. TAKE 10-20 TO DO SOME TYPE OF PUZZLE. REST YOUR MIND. | ☆☆☆☆ |
| CHECK YOUR PLAYLIST - IF YOU DON'T LISTEN TO MUSIC, TRY IT. TRY DIFFERENT TUNES. | ☆☆☆☆ |
| MAKE A SCHEDULE - IF YOU HAVE A SET TIME TO WRITE, YOU'RE MORE LIKELY TO DO IT LIKE ANY OTHER JOB. | ☆☆☆☆ |
| OLD SCHOOL VS. NEW SCHOOL - SWITCH IT UP. WRITE ON PAPER IF YOU USE COMPUTER OR VICE VERSA. | ☆☆☆☆ |
| COFFEE BREAK OR TEA TIME - THERE'S A REASON WRITER'S ARE ASSOCIATED WITH CAFFINE. IT HELPS. | ☆☆☆☆ |
| TIME TRAVEL - SCHEDULE YOUR WRITING FOR A DIFFERENT TIME. SEE IF THAT WORKS BETTER FOR YOU. | ☆☆☆☆ |
| JUMP AROUND - START WRITING AT A DIFFERENT PART. TRY WORKING ON THE ENDING OR THE MIDDLE. | ☆☆☆☆ |
| REWARD YOURSELF - SET A GOAL AND REWARD TO WORK TOWARD, SOMETHING YOU WANT. | ☆☆☆☆ |
| DANCE PARTY! - TURN ON YOUR FAVORITE TUNES AND LET THE RYTHM MOVE YOU. | ☆☆☆☆ |
| GLUE YOUR BUTT TO THE CHAIR - TRY THE OPPOSITE OF FIELD TRIP. FORCE YOURSELF TO STAY AND WRITE. | ☆☆☆☆ |
| DON'T FOOL YOURSELF - WRITING IS HARD. DON'T LET THAT SCARE YOU. TAKE A BREATH AND MOVE ON. | ☆☆☆☆ |